

THE WATER SPA

Sir Sam's Water Spa provides a serene, relaxing environment that boasts tranquil music and a specially designed pool. Set just below body temperature the pool incorporates massage stations that target different zones of the body. Our tranquil lounge area features double-wide padded recliners and soft lighting, and after dark you can "bathe under the stars" with our captivating twinkling ceiling and beautiful valance.

Open daily from 9am-close, we have full towel service including Spa Robes. You need only bring your bathing suit and whatever suitable footwear you desire.

IN-HOUSE GUESTS

Unlimited use of the Water Spa is included with the Daily Resort Fee and available to all in-house guests.

DAY SPA GUESTS (\$30 PER PERSON INCLUDES):

- Full use of the Water Spa
- Change rooms and showers
- Full use of co-ed sauna
- Towel service

Bring your own bathing suit and footwear.

RECEIVE 50% OFF A DAY PASS WHEN YOU BOOK A 60-MINUTE SPA TREATMENT!

(Credit Card required for all bookings)

CANCELLATION POLICY:

Cancellations less than 24 hours in advance will be charged the full treatment cost.

The Water Spa is the heart and soul of your spa experience. Our warm, salt-water pool assists in alleviating pain and soothing tired or aching muscles.

We suggest the following circuit (or one similar) to maximize your Water Spa experience:

To begin, shower with warm water to cleanse the skin. Enter the pool with a slow pace and proceed to your chosen feature.

The large bench offers two jet formations: One concentrates on your neck and lower back, the other provides a wave of motion the length of your spine.

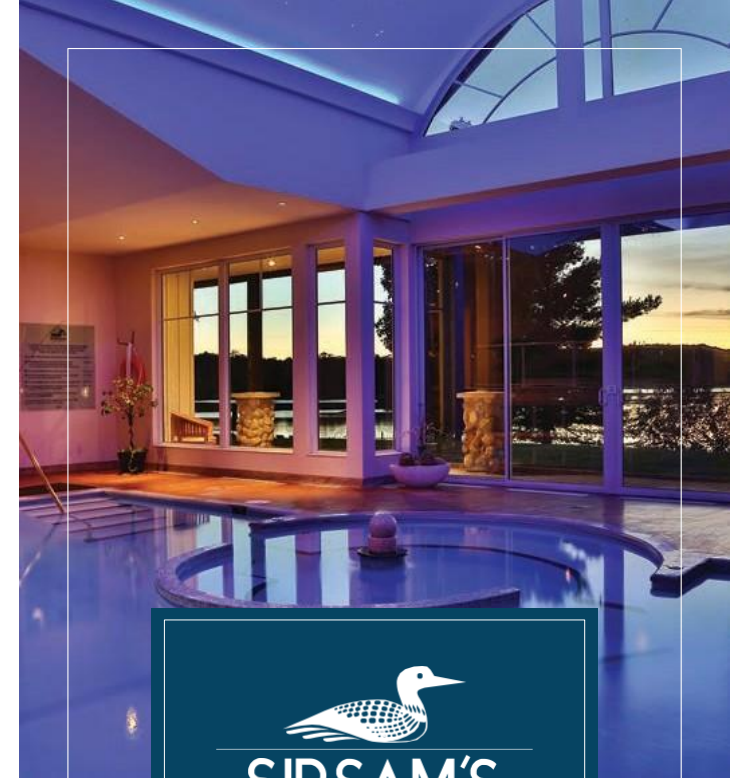
The waterfall fountains enable you to target specific areas of the back and neck with warm cascading water.

The air lounge promotes circulation and is an opportunity to recline and breathe easy.

Finally, cozy up in the champagne grotto where thousands of tiny bubbles create a pleasantly unique sensation.

Taking a cool shower during your circuit (or use of the plunge bucket) is rejuvenating and encouraged. The open water area is perfect for drifting or stretching to enjoy the increased range of motion that warm flowing water promotes.

Daybeds located on the mezzanine are for your continued rest and relaxation.



SPA MENU

ESTHETICIAN TREATMENTS

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ESTHETICIAN TREATMENTS

SIR SAM'S EXPRESS FACIAL

30 Min - \$75

In a hurry? Our express facial provides relaxing skincare within your tight schedule. By providing you with a custom skin analysis, our Esthetician is able to create a facial just for you so you can enjoy radiant healthy skin without sacrificing your time. This quick and easy but so satisfying express facial includes a breakdown with the esthetician, double cleanse, chemical or enzymatic exfoliation, a cryotherapy massage, cold globes, a customized treatment serum and hydrating moisturizer containing micronized zinc-oxide for an effective transparent SPF.

RELAXING AUSTRIAN MOOR FACIAL

60 Min - \$135

This Classic Moor Facial is for those that adore the face, neck, and scalp massage but this also comes with a facial! Using powerful Moor Mud, the esthetician will focus on the specific areas to you. Your skin will be detoxified, hydrated, toned, and revitalized by organic active ingredients from the Moor Spa. This treatment can also be customized using our facial add-on options!

MOOR SPA SOOTHING FACIAL FOR REDNESS

60 Min - \$135

If you've been diagnosed with rosacea, then this one is going to be for you! This facial is also great for those with sensitive skin types, sunburns, or those who have recently received cosmetic procedures. The use of cryotherapy cool globes is to reduce inflammation. This skin temperature can also help with muscle soreness and lymphatic drainage!

MOOR SPA SKIN BRIGHTENING FACIAL

75 Min - \$150

This Brightening Facial is designed for those with sun-damaged skin, hyperpigmentation, and acne scarring. Or maybe you're just looking for a skin refresh after a long season? This facial uses a double exfoliation, both mechanical and chemical, and Moor Spa's Radiance serum to clarify and brighten using niacinamide and licorice!

MOOR SPA SKIN PURIFYING FACIAL

75 Min - \$150

Struggling with blackheads, breakouts, or skin congestion? This facial includes High frequencies that help destroy bacteria that can cause acne, and supplies oxygen to the skin to help with healing! Paired with a custom mask application this facial is proven to effectively treat current acne while also preventing future breakouts, all still while using 100% earth-derived ingredients.

MOOR SPA CLASSIC ANTI-AGING FACIAL

75 Min - \$150

This Classic Facial will benefit those that are trying to prevent any further signs of premature ageing. With the use of a chemical exfoliant, a relaxing cryotherapy facial massage and an enzymatic face mask that detoxifies and targets keratin cell buildup on the epidermal layer. Featuring the Moor Spa renewal serum that contains plant-derived collagen, vitamin C to help fight free radicals and hyaluronic acid to help plump the skin.

MOOR SPA SUPREME PLATINUM ANTI-AGING FACIAL

75 Min - \$175

This Facial is fit for a Queen...or king! Featuring Moor Spa's Supreme Platinum serum and moisturizer, a double exfoliation including an enzymatic peel, a refreshing cryotherapy facial massage, As well as the moor spa pro peel off mask. This alginate setting mask helps the tripeptides and Q10 coenzymes in our products penetrate the dermal layer for a longer lasting effect.

TICKLED PINK CRYSTAL HYDRATION FACIAL

90 Min - \$210

This luxurious facial features rose quartz, the stone of self-love. The cooling effects of this powerful crystal will soothe the skin and leave you feeling relaxed. Using the Moor Spa Pro Peel-off mask paired with a rose quartz eye mask, this facial will help reduce puffiness and aide in headache prevention. It also features an additional 15 minutes of massage time for hands, feet, or scalp, as well as the Himalayan salt glow scrub for the hands, arms and décolleté. You'll leave feeling refreshed, hydrated, relaxed and connected with yourself. We recommend pairing this facial with a holistic service such as Reiki or 7 chakras balancing massage.

WORKING HANDS TREATMENT

45 Min - \$110

Designed to refresh your dry, achy hands. The service begins with a Himalayan salt scrub to slough off any dry dead skin. A custom mask is then applied to target the client's main concerns and the remaining time is spent massaging the hands and arms with Moor Spa's Body Lotion and a Tension Balm containing feverfew, devil's claw, eucalyptus, peppermint, and rosemary oil. The extended massage and use of Tension Balm increases circulation and aides in healing inflammation.

TIRED LEGS TREATMENT

45 Min - \$110 60 Min - \$140

Do you spend all day on your feet? Or even off your feet? Lack of circulation can cause many issues in the body, especially around the legs and feet. This service includes Moor Spa's Himalayan salt scrub to exfoliate the skin and bring red blood cells to the dermal layer. The Moor gel body mask will then help hydrate the legs and feet. The remaining time is used for massage with reflexology techniques, using Moors tension balm to encourage blood flow.

BODY FACIAL (BACIAL)

45 Min - \$100 60 Min - \$130 75 Min - \$160

A luxurious treatment for acne-prone bodies using Moor Spa products, this service can be performed on the back, buttocks, or both. Consisting of deep cleansing, exfoliation, a detoxing mud mask, extractions on some areas, High Frequency, and moisturizer When performed on the back, the service will be completed with a 10-15 minute Swedish massage.

MOOR SPA DETOXING BODY WRAP

45 Min - \$110

Using the Power of the Moor mud (and a bit of elbow grease) this wrap will leave you exfoliated, detoxified, revitalized and hydrated. The service begins with a manual mechanical exfoliation on all areas the client desires the mask to be applied, typically including the arms, the legs, the back/shoulders and the décolleté. The treatment finishes with a hydrating body lotion. We recommend pairing this service with an express facial, a blissful Head Spahh or a 45-minute Back, Neck and Shoulder massage.

BLISSFUL HEAD SPAHHH

45 Min - \$110

This Treatment can be customized to your hair and scalp needs, but most importantly we are focused into leading you into a blissful state of relaxation through an entrancing neck and scalp massage. Using a range of essential oils as well as Moors Hair Vitality treatment, this service will strengthen your hair and stimulate your scalp to encourage healthy hair growth.

PACKAGES

The services we recommend receiving together at a discounted price!

Blissful Head Spahh & Detoxing Moor Body Wrap 45 Min - \$110

Relaxing Moor Spa Facial & Hot Stone Massage 2 hours - \$260

Express Facial & Moor Detoxing Body Wrap & 45-minute Massage 1 hour 45 mins - \$260

Supreme Platinum Facial & Hot Stone Massage 2.25 hours - \$300

REGISTERED MASSAGE THERAPY

Please specify when you reserve if you require an RMT receipt for benefits. Any guest that does not specify will be reserved under the NON- RMT Category and will not be able to use their benefits toward their treatment.

RMT RELAXATION MASSAGE 60 Min - \$140

Pamper yourself with this traditional, full body Swedish Relaxation massage using light to medium pressure to relax aching muscles and stimulate circulation. Your skillful and nurturing therapist uses a combination of long strokes and gentle stretches intended to bring you to the ultimate state of relaxation.

RMT MASSAGE 60 Min - \$140 75 Min - \$170

This therapeutic massage uses traditional full-body Swedish massage using light to medium pressure to relax aching muscles and promote circulation. Using a combination of long strokes and gentle stretching, this massage will help you relax and provide relaxing pain relief. *Be sure to specify when booking that you require RMT for benefits.*

RMT BACK, NECK AND SHOULDER MASSAGE

45 Min - \$110 60 Min - \$140

This therapeutic massage focuses on problem areas in the back, neck and shoulders to alleviate tension caused by day-to-day activity. Using a variety of techniques, this treatment works to improve circulation all over the body, relieving pain and aiding in tissue repair.

RMT DEEP TISSUE MASSAGE 60 Min - \$160 *Registered Therapist only, limited availability*

This therapeutic massage works deep into the tissues to treat fibromyalgia, scar tissue, and fight muscle tension. Deep tissue massage can promote faster healing by increasing blood flow and reducing inflammation. Please note that Deep tissue massage has been known to cause tenderness and bruising in the days following the treatment. Please ensure you are fully hydrated before and after treatment to prevent negative reactions.



TRADITIONAL RELAXATION TREATMENTS (NON-RMT)

RELAXATION MASSAGE 60 Min - \$120

Pamper yourself with this traditional, full body Swedish Relaxation massage using light to medium pressure to relax aching muscles and stimulate circulation. Using a combination of long strokes and gentle stretches, this massage will help you relax and can provide gentle pain relief.

BACK, NECK AND SHOULDER MASSAGE

45 Min - \$85 60 Min - \$120

This classic massage focuses on problem areas in the back, neck and shoulders to alleviate tension caused by day-to-day activity. Using a variety of techniques, this treatment works to improve circulation all over the body, relieving pain and aiding in tissue repair.

TWO BECOME ONE PARTNER LESSON 120 Min - \$215 *(one 45 min session each)*

Learn fundamental massage techniques that are catered to your partner and yourself with this educational service that includes a full consultation for both participants and a 45-minute massage from your loved one, guided by our Certified Esthetician. You will be given tips and tricks as well as notes to take home, so you can continue to pamper and be pampered together in the comfort of your own home.

HOT STONE MASSAGE 45 Min - \$110 60 Min - \$140

This ancient technique will induce a deep state of mind and body relaxation as warm stones are massaged carefully over your body to leave you feeling grounded and connected.

NECK, FACE AND SCALP 30 Min - \$65

By focusing on your neck, face and scalp, this 30-minute massage promotes relaxation and helps to lower blood pressure, alleviate tension headaches and migraines, and promotes healthy hair growth.

AROMATHERAPY MASSAGE 45 Min - \$100

Experience the therapeutic powers of essential oils in a relaxing massage that incorporates the healing powers of essential oils through the senses of smell and touch. Helps to naturally increase circulation, while nourishing the skin.